

# Three Day Virtual Transformational Coaching Course

2020  
9-11 December

Nick Smith and Peter Hawkins' three-day Transformational Coaching course has gone virtual, in response to the current Covid19 situation.

As before, this course is offered for those who are experienced coaches, and who would like to look in depth at their practice, particularly in supporting those wanting to create significant change in their lives and organisations. The course is roughly 50% input of ideas about how to create such transformational change and 50% practice of these ideas in coaching trios and other experiential learning.

The content will cover:

- The foundations of Transformational Coaching
- The importance and process of un-learning
- Ways of using our 'four brains' as action logics
- Understanding habit: how to establish it and how to create new habits
- Exploring the Four Levels of Engagement at a deep level
- Creating a transformational use of CLEAR model
- Exploring the power and purpose of somatic coaching
- Deepening our understanding of the Sentic States.

As participants are experienced, this course will provide an unusual opportunity for high level CPD for your professional coaching practice. It will include new material from Nick Smith's research for the book he is writing on the subject.

## Details

This course will be limited to 21 participants, on a first come first served basis.

## Fees

£672 (ex. VAT) which is a discount of 30% on the face to face version of the course. The cost of the three-day course includes e-material. A place can be secured by full payment in advance.

## Booking Procedure

Please fill in the application form below and return by email to:

[holly.sheward@renewalassociates.co.uk](mailto:holly.sheward@renewalassociates.co.uk), or for further information about the course contact: Nick Smith [nick.smith@askesis.co.uk](mailto:nick.smith@askesis.co.uk)

# Three Day Transformational Coaching Course

2021  
Bath, 8-10 December

We will decide whether to run the 2021 face to face or virtually in July 2021. Our hope is to run the course at Barrow Castle next year.

## Details

The face to face course is limited to 15 participants. The virtual course is limited to 21 participants.

## Venue

Barrow Castle, Rush Hill, Bath, BA2 2QR

## Fees

The face to face program is £960 (ex. VAT). The cost of the three-day course includes meals & e-materials.

The virtual program is £672 (ex. VAT). The cost of the three-day course includes e-materials.

## Early Bird Discount

A 10% discount is available if you confirm your booking by 31<sup>st</sup> August 2021.

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Bookings are made on a first come first served basis.

## Transformational Coaching Workshop Application Form

Course Date:

Name:

Address:

Telephone contact number:

e-mail:

Please provide a short biography:

Your previous training in Coaching, Team Coaching or Consultancy with dates:

Current Team Coaching, Coaching or Consultancy practice:

Other trainings and accreditations as a coach, team coach, or consultant:

What would you most want as outcomes from the workshop?